



2015 NDVS and Nevada National Guard State Workshop

“Building a Stronger Nevada Together”

Class Descriptions for Saturday, July 25th

Out Brief of 78th Legislative Session Report

(NVA/VSO) Presenter will give a synopsis of the outcome of the 78th Legislative Session affecting the military and Veteran issues.

4 Lenses Training

The 4 Lenses is an excellent tool that can be used not only in beginning the process of self awareness but in understanding others quickly and easily.

This two and a half hour class can be applied to leadership, team building, communication, diversity, and family programs. In fact it has been listed as one of the best practices for Yellow Ribbon events.

**please note, this training is presented from 10:10am-2:10pm with a one hour lunch break from 12:10pm-1:10pm.*

Changes to Education Benefit

Are you a current Service Member with questions regarding the Education Benefit? If so, please attend this informational session. Clarification on Federal and State benefits will be provided.

Unique Veteran Population Panel

(NVA/VSO) Panel of providers to include: Homeless Vets; Incarcerated Veterans; Women Veterans; Native American Veterans and Veterans Court of Reno. Panelist will explain their programs and the audience will be able to ask questions with reference to service members, Veterans and their families.

Regional SFPD Professional Development

This training is open to current State Family Program Directors.

American Legion-Temporary Financial Assistance

Since 1919, The American Legion has remained committed to the health and welfare of our nation's veterans and families. Born out of this desire to serve, the Committee on Children & Youth established a form of direct aid to veterans' children in 1925- Temporary Financial Assistance (TFA). Non-repayable grants are awarded to eligible families with a child in need when all available resources have been exhausted. Learn in this course how to fill out an application for Temporary Financial Assistance, and specifics of who qualifies for this assistance through the American Legion.

Employment Panel

(NVA/VSO) Panel of providers to include: DETR/Job Connect; Workforce Agency; Heroes 2 Hire; REBOOT; and VA Voc. Rehab. Panelists will explain their programs and the attendees will be able to ask questions with reference to service members, Veterans and their families.

Compassion Fatigue

Helping others can be highly satisfying work but it can also take a toll. It is important to know that there are signs that you can recognize and steps that you can take to prevent or limit the negative effects of reaching out to others and if you need help for yourself there are people you can call.

Compassion fatigue refers to a set of troubling emotions, thoughts, and behaviors that may result from the pressures of helping others through the crisis of traumatic situations. Knowing the signs of compassion fatigue can help you to prevent or limit its impact.

The Nevada Veteran's Advocate

(NVA/VSO) Presenter will discuss what a Nevada Veterans Advocate is; how to become an NVA; and how to assist service members, Veterans and their families with access to State and Federal benefits they may be eligible for.

My Life in a Box

Whether you are a victim of a natural disaster, or have the burden of caring for an ailing family member, My Life In A Box was created to save you time, grief and unneeded expense when recovering from life altering situations. Please attend this class to learn techniques and "survival skills" to prepare an emergency tool box full of important documents and information needed if there was a home fire or disaster that occurred, and you needed to rebuild your life.

Navigating Through E-benefits

What is eBenefits? eBenefits is a joint VA/DOD web portal that provides resources and self-service capabilities to Veterans, Service members, and their families to research, access and manage their VA and military benefits and personal information. It uses secure credentials to allow, and gives users the ability to perform numerous self-service features. It is an essential way for Veterans, Service members, and their families to receive access to and service from VA and DOD.

Conflict Resolution

Can't we all just get along? Conflicts we face can be overcome by communicating effectively with verbal communication, nonverbal communication, and listening skills. This training will teach you techniques that will enhance your communication skills while resolving conflicts.

State Benefits for Veterans

(NVA/VSO) - Presenter will give a detailed review of benefits available to Veterans in the State of Nevada.

Family Readiness-Mandatory Training

This training is required for all current or new Army Family Readiness Group Volunteers.

Key Volunteer-Mandatory Training

This training is required for all current or new Air Key Volunteers.

Joining Community Forces

The Joining Community Forces in Nevada's mission is to develop and execute a *common agenda* for improving the delivery of community resources available to Service Members, Veterans, and their Families in order to improve outcomes in the areas of education, employment, and wellness during their transition from military service and after. Our vision for carrying this out is by enhancing collaboration between community organizations to provide a "no wrong door" approach for all Service Members, Veterans and their Families. Come to this course to learn more information about the JCF program, and how we are working to make this possible in Nevada.

Positive Youth Development

Learn how to foster positive youth guidance through a deeper understanding of the developmental assets of youth.

Class Descriptions for Sunday, July 26th

Introduction to CHAMPVA

(NVA) – Presenter will give an overview of the CHAMPVA program; eligibility requirements; and the application process. The presenter will also answer questions regarding CHAMPVA.

The VA Claims and Rating Process

(VSO) – VA Instructor will explain the Veterans Benefits Administration (VA) claims process for getting VA benefits and how the VA rates claims for compensation due to military service.

Diversity in the Military and Volunteering

Learn how to best meet the needs of Military Families who are diverse in terms of structure (i.e., single parents, dual service, step families), ethnicity, needs, or other characteristics. Participants will discuss the challenges and opportunities related to providing good support for diverse families and the special needs of these families as they seek services in military and civilian communities.

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Enhancing Youth & Volunteer Relationships

Learn how to work with youth by encouraging them to recognize and take ownership of their choices throughout life.

Wellness Panel

(VSO/NVA) – Panel of providers to include: CHAMPVA; TRICARE; Veterans Health Administration; and Veterans Suicide Prevention. Panelist will explain their programs and the audience will be able to ask questions with reference to service members, veterans and their families.

Navigating Through Military One Source

Military OneSource is a confidential Department of Defense-funded program providing comprehensive information on every aspect of military life at no cost to active duty, National Guard, and reserve members, and their families. Information includes, but is not limited to, deployment, reunion, relationships, grief, spouse employment and education, parenting and childhood services. Military OneSource also offers confidential counseling services online, via telephone, face to face or video. Counseling situations include everyday stressors, deployment and reintegration concerns, parenting, grief and loss, and marital problems as well as assistance with financial management, taxes, career services, health and wellness, and much more. This personalized support is available 24/7.

My Life in a Box

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Family Resiliency-Detecting Icebergs

The skill of Detect Icebergs allows you to identify core beliefs or values and determine their usefulness. Core beliefs or values may be operating when an emotion or reaction seems out of proportion to what you’re thinking in the heat of the moment. This skill will promote rejuvenation.

State Cemeteries and Veterans Home

(NVA) – Presenters will explain the Nevada Veterans Memorial Cemetery program, eligibility requirements and interment requirements and program eligibility for the State Veterans Nursing Home in Boulder City, NV. An update will be provided on the Northern State Veterans Home.

PTSD/MST/MH

(VSO) – VA presenter will discuss the diagnoses, treatment and the evidence needed to submit a plausible claim for Post Traumatic Stress Disorder/Military Sexual Trauma/Mental Health.

Family Programs Panel

This interactive panel will give Service Members, Families, and Volunteers an opportunity to recommend ways how Military Family Support Services can increase best practices, and promote satisfaction within Family Assistance, Family Readiness, Child and Youth, Air Family Readiness, and Family Resiliency.

Navigating Through E-Benefits

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Effective Activities

This training will provide a better understanding of effective activities for military families and service members at all Command levels to include retiree's events. The class will present easy steps to setting up an activity from start to end. It will also describe the different types of community partners and how they can help. Find out about what activities have flopped and what have worked. This seminar is open to all who want to learn more and get involved and implementing effective activities. This course will have a hands-on activity.

Introduction to VA Death Benefits

(NVA/VSO) – Presenter will discuss death benefits available to survivors to include: DIC; Widows Pension; Burial Benefits; and Presidential Certificate.

New Volunteer Training, AAR & Travel-Mandatory for ALL Travelers on Scholarships or Orders

This training session is Mandatory for all workshop attendees that received a travel scholarship or travel orders. During this time we will complete travel reimbursement forms, provide instructions for reimbursement, and learn about additional opportunities in Volunteerism for the Nevada National Guard.

Introduction to VHA Benefits

(NVA) – Presenter will give an overview of health benefits available to Veterans; eligibility criteria; and the application process.

VA Appeals Process

Presenter will provide an overview of the time-sensitive and necessary steps involved in appealing a VA claim decision from a Notice of Disagreement to the Court of Appeals of Veterans Claims.

Education Panel

(VSO/NVA)- Panel of providers to include: VA Vocational Rehabilitation; UNLV; NNG Education Benefits Counselor; College of Southern Nevada and The Learning Center. . Panelists will explain their programs and the audience will be able to ask questions with reference to soldiers, veterans and their families.

Class Descriptions for Monday, July 27th

Introduction to VA Education and Voc Rehab

(NVA)- VA Instructor will identify and explain all current education programs, eligibility requirements and longevity of each program the VA has in effect.

VA Pension, Aid, and Attendance and House Bound

Presenter will provide the attendees with an overview of VA Improved Pension; what aid and attendance and house bound include and how to apply for each benefit.

Introduction to VA Improved Pension

(NVA) - Presenter will provide the attendees with a basic overview of VA Improved Pension program.

VA Individual "Unemployability" and SMCs

(VSO) – Presenter will provide detailed information on the requirements for I/U and discuss VA Special Monthly Compensation for veterans who may be eligible for these benefits.

Introduction to VA Home Loans and Life Insurance

(NVA)- VA Home Loan Instructor will give an overview of all types of VA Home Loan services available to Veterans. The VA Life Insurance Instructor will provide basic information on the life Insurance programs to include eligibility requirements.

VA Education and Voc Rehab

(VSO) - VA Instructor will identify and explain all current education programs, eligibility requirements and longevity of each program the VA has in effect. This course will include an overview of Vocational Rehabilitation.

Introduction to Legal Aid and Financial Services

(NVA) – Presenter will describe what pro-bono legal aid is available for military and Veterans in Nevada. The presenter will also address financial services and aid available to Nevada military and Veterans.

VA Debt Management

(VSO) – The presenter will give an overview of the responsibilities of the VA Debt Management Center, how to request a waiver of debt and how to set up a repayment program.